

The DDRC Current News

newsletter of the Dallas Downriver Club—Visit our website at www.down-river.org

September 2006

FINE PRINT - The DDRC Current News is published monthly by the Dallas Downriver Club and is provided to its members either by First Class postage or by email. Opinions expressed herein are those of the individual authors and may or may not reflect the opinion of the club or its officers.

DEADLINE FOR SUBMISSION of articles, announcements, events, trips, etc. is the 1st Thursday of the month. It is on a come first served basis therefore sooner is better.

DDRC BOARD MEETINGS are held every **second Thursday** of the month - **7:00 PM** @ On the Border (directions on back of newsletter). All members are welcome to attend to learn more about club business.

ANNOUNCEMENTS

Meeting location changed — Our regular meeting spot (Enchilada's Restaurant on Northwest Highway) has closed. The monthly DDRC meetings will be held at the On the Border on Knox St. just west of 75, (see address & map on last page). .

Newsletter content needed— Hey gang...June and July were full of trips and events. Please share your adventures, recipes, photos, classifieds, wants & needs (!) with us for our reading enjoyment. Email content to newsletter editor Carolee Doty at dotyc@lisd.net

Trips and Events

See Page 2 & 3, plus online calendar for event details.

5/17-10/25 — Paddle and Roll Sessions-

Every Wed. after 5 p.m. through October at Rockledge Park (no charge). For info. contact Keith keith_ccw@fastmail.fm

9/21 — Monthly Meeting

9/23-24 — Illinois River Trip

10/13-14 — Upper Guadalupe River Trip

10/19 — Monthly Meeting

10/21 — Swift Water Rescue Course

10/28-29 — Caddoween

11/3-4 — Upper Mountain Fork Trip

11/18 -26— Lower Canyons-Rio Grande Trip

11/24 -26— Thanksgiving Kiamichi Trip/Feast

12/21 — DDRC Christmas Party

12/26 — Upper Sabine Trip



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TRC XI Brian O. Lisle Trophy winners Jerry Brown and Richard Steppe. See pages 2-4 for complete results..

TRC XI Official Results

Entry Name	Start Grp	Class	Elapsed
Solo Canoe			
Charles Mayfield	1	100	2:36:07
Tandem Canoe			
Matthew Wolf/ Rene	1	101	2:27:29
Basham/Vega	1	101	3:00:36
Evetts/Ricks	1	101	3:03:33
Alex Parker/Trevor Gee	1	101	3:06:46
Durkin/Simpson	1	101	3:12:17
Sarah Ehrlicher/Patrick Ehrlicher	1	101	3:17:02
Gee/Abbott	1	101	DNF
Aluminum Canoe			
Brown/Torrez	1	102	2:31:39
WW Kayak			
Brad Trietsch	2	200	2:52:38
John Reynolds	2	200	2:56:43
Sarah Wilcox	2	200	3:45:09
Sm Rec Kayak			
Don Taylor *	2	201	2:35:18
Paul Suckow *	2	201	2:46:12
Sharlotte Greer *	2	201	2:53:53
Alex Benat	2	201	3:04:35
Daren Payne	2	201	3:09:40
Brian Askin	2	201	3:15:23
Sandy Levi	2	201	3:19:38
Megan Bella	2	201	3:23:56
Nancy Jenkins	2	201	3:29:47
Bruce Wilcox	2	201	3:45:10
Abby Fancher	2	201	DNF
Nick Fancher	2	201	DNF

* Indicates results changed after final results were audited.

TRC XI Official Results

Rec Kayak			
Barbara Cutter	2	202	2:17:07
Hugh B.Hays *	2	202	2:30:44
Ursula Barnhill	2	202	2:31:07
Andrew Howard	2	202	2:31:33
David Darien	2	202	2:37:32
Justin Supah	2	202	2:53:15
John A. Eastman	2	202	3:00:35
John E. Eastman	2	202	3:01:19
Julie Supah	2	202	3:38:56
Sea Kayak			
Phil Capel*	3	300	1:49:36
Steve Watson *	3	203	1:55:42
William Reitzer-Smith *	2	203	1:58:03
Svend Fruit	3	203	2:00:07
John Caldeira	2	203	2:01:09
Bruce Trainam	3	302	2:05:32
John Smith	2	203	2:12:12
John Joseph	2	203	2:17:40
Rusty Branch	2	203	2:19:30
Mark Collins	2	203	2:20:01
Robert Christensen	2	203	2:22:52
Ann Reitzer-Smith	2	203	2:23:48
Michael Haley	2	203	2:33:22
Tandem Kayak			
Pete Litz/Brian Nocholson	2	204	2:21:44
Churchill/Bryant	2	204	2:32:40
Armstrong/Emery	2	204	2:39:04
C1			
Pete Binion	3	300	2:01:19
Paul Venable	3	300	2:09:17

* Indicates results changed after final results were audited.

TRC XI Official Results

Unlimited Solo			
John Baltzell	3	302	1:36:48
Alan Lamb	3	302	1:40:56
Erin Magee	3	302	1:51:19
Bobby Snyder	3	300	1:51:24
Mogens Melander	3	203	1:54:20
Bruce Trainam	3	302	2:05:32
Kathryn Mendenhall	2	302	3:00:53
Unlimited Tandem			
Jerry Brown/Richard Steppe	3	303	1:36:17
Mayfield/Schnorr	3	303	1:43:04
Wade Binion/Tim Anglin	3	303	1:44:24
Unlimited			
Lewis and crew	3	304	1:41:14
Mendenhall / Fitch	3	304	2:05:27
Junior			
Kathryn Mendenhall *	2	302	3:00:53
Evetts/Ricks *	1	101	3:03:33
Alex Benat *	2	201	3:04:35
Junior Adult			
Basham/Vega	1	101	3:00:36
Master			
Jerry Brown/Richard Steppe	3	303	1:36:17
John Baltzell	3	302	1:36:48
Erin Magee	3	302	1:51:19
Senior			
Phil Capel	3	301	1:49:36
Mogens Melander	3	302	1:54:20
John Caldeira	2	203	2:01:09
Veteran			
John Joseph	2	203	2:17:40
John A. Eastman	2	202	3:00:35

* Indicates results changed after final results were audited.

Dear Al and all your Downriver Paddlers ~

I want you all to know how much I appreciate what you did for me and Keep Carrollton Beautiful and for the Trinity River Trash Bash! Your never failing energy was remarkable and really made it possible for everything to go so smoothly.

I really don't know what I would have done without you. The possibility of me being able to have this whole event without you "guys" is very slim to nothing!!!! It's just part of the perfection around everything to do with Keep Carrollton Beautiful that y'all are partnering with us for your own purposes. It's so amazing how it works.

Everyone keeps seeing me in the paper and they think that I'm the one who is making it work, but I know it's the volunteers who give of their time and money to help me that make it work. I could never do any of it without the help of y'all and others like you.

We're doing great things in the city and I hope you're proud of your part in it. You can see we're doing a great job when you look into the faces of all those people who volunteered to clean the river. They cared enough to give of their time and energy to do something that would benefit the community as a whole. They looked so delighted—even sweating!

Al and all the "paddlers," thank you for your time and commitment to the river and to Keep Carrollton Beautiful. I really appreciate who you are for us.

Sincerely,

Sharon Gammon Goddard
Founder and Executive Director

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Paddling Events — See the online events Calendar for more details

September 23-24 — Illinois River Trip— Most of us will drive to Tahlequah on Friday afternoon or evening and camp at Peyton's Place on SH 10. Depending upon flow, we will paddle various reaches of the river on Saturday and Sunday before returning home. An Italian potluck dinner on Saturday night will feature Bryan's lasagna. For more information contact Bonnie Haskins at (972) 254-9672 or Bryan Jackson at (972) 972-2519,.

September 30— Urban Paddle—

October 14 - 16— Upper Guadeloupe River Trip - We will be paddling the Upper Guadalupe near Spring Branch, Texas on Saturday and Sunday, and camping at The Weidner Ranch Campground Friday and Saturday nights. We will have a potluck dinner on Saturday night.

This reach of the Guadalupe contains a lot of small rapids and rock gardens. Fiberglass or any other fragile boats would not be recommended for this trip. If you have never paddled this stretch before, then you owe it to yourself to check it out. For more info on the trip, contact Bryan Jackson at 972-979-2519, email Hollowcreek@paddlinpals.com, or click on the calendar on our website.

October 19— Monthly Meeting—At the On the Border restaurant on Knox Street. See back page for map location.

October 21-22 - Swift Water Rescue Class - This class for DDRC members will be conducted in San Marcos by Dave Holl on Saturday and Sunday. The class will give you the basics you need to paddle smarter, more safely and with more confidence in being able to assist yourself and others when something goes wrong. The cost is \$75 and the class will be limited to 12 students. We will camp at Shady Grove Campground (Spencer Canoes) on the San Marcos River. On Sunday, we will paddle where there is water. Contact Bryan Jackson at 972-979-2519, or via e-mail at Hollowcreek@paddlinpals.com for details, or to sign up. Click on the website calendar for more details or directions.

October 21— Urban paddle -

October 27-29—Caddoween, The Annual Halloween Campout on Goat Island at Caddo Lake. Saturday's events will include a pumpkin carving contest, pinata, best decorated tent, dutch oven cookoff, potluck dinner, trick-or-treating, apple bobbing, a bonfire and a costume contest! For more information or directions, check the calendar on the website or call Charles Edwards at 972-867-6579 or Jack Deatherage at 972-222-1407.

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As a participant in any DDRC activity, an individual assumes the responsibility of evaluating all inherent risks before participating and assumes any risk of death or injury inherent in the sport. The participant waives claims that may arise against the club, its officers, members, servants, agents and/or trip coordinators, for death or injury to person or property, including claims of vicarious liability and claims arising from civil recklessness or any degree of negligence. Not waived are claims against an individual who causes injury intentionally or with criminal recklessness and claims among driver, owner and passengers of a motor vehicle for

November 18-26- Lower Canyons of the Rio Grande Trip—A group of paddlers from DDRC, Alamo City Rivermen and Adventure Club San Antonio will be going to the Rio Grande for a 9-day wilderness expedition river trip over the Thanksgiving week. The trip will depart for Big Bend on Saturday, November 18, arriving late Saturday evening to camp overnight in Brewster County. We will get shuttles from Stillwell Store to drive paddlers, boats and gear to Heath Canyon Ranch at the Gerstacker Bridge (now closed to all traffic) between Texas and La Linda, Mexico, where we will launch on Sunday morning. We will paddle for three days, camping along the river, before stopping for a layover day at San Rocendo Canyon (Mexico) from Tuesday evening until Thursday morning, then paddle for another four days to John's Marina at Dryden Pass, where our vehicles will be waiting. This is a rugged, wilderness expedition trip with requirements for participation. If interested, please contact Marc McCord at canoe-man@canoeman.com, or call 214-221-1290 (Nsyst Technologies Inc.) as soon as possible.

November 24-26—Thanksgiving Kiamichi River Trip/Feast— Some of us will drive to Antlers on Friday and camp overnight at K River Campground. We'll all meet there at 10 am Saturday and shuttle up or down river, depending on flow, to where we'll put in for a 2 -day, 1-nite trip on the Kiamichi River. (12-25 miles, depending on flow) We'll be camping on the river, so bring everything you'll need, including 1 breakfast, 2 lunches, 1 dinner, water, camping gear, sun block, etc. The Kiamichi is very remote and largely undeveloped, so come prepared for peace and quiet. RSVP to Bryan Jackson at Hollowcreek@paddlinpals.com or call 972-979-2519.

Try it before you buy it at these kayak demo days

Jackson Kayak Demo Dates: 6/7,7/5, 8/2, 9/6, 10/4

Rockledge Park, Lake Grapevine 6—8 p.m.

(Dave Holl Kayak Instruct dave@kayakinstruct.com)

Sun & Ski Kayak Demo Dates: 5/14, 6/11, 7/9, 8/13, 9/10, 10/15

Meadowmere Park

Well, Hi,Y'all,

It's Betty and Allen from beautiful Lake Bonaparte in North Central Washington State. It seems as if we have just arrived with the excited anticipation that 2 years away can induce. Would it still be the sleepy little fishing camp in the foot hills of the eastern Cascades?... or would it be another "come-visit-our-lake-lots" resort that has morphed a lot of beautiful places into some not so.

The evening we arrived looked a lot like this one with the trees silhouetted against a blue-fade-to-mauve sunset behind the mountain...a loon yodeling in the distance, as if calling to a lost friend... the sound echoing across the lake. The bald eagle is still here making a daily appearance with his majestic stature, but wimpy whistle-like call. This year, a golden eagle has joined in. Perhaps it is the juvenile we saw 2 years ago.

We have spent most of the summer here at Bonaparte Lake Resort, a fishing/hunting/snowmobiling/year-around 'resort' on the shores of the 164 acre Bonaparte Lake. It is difficult to imagine 108 degrees in Dallas, when our question-of-the-day is whether to take the polar fleece with us.

We have spent the summer embracing the beauty of the north woods, paddling in a clear, mountain lake...not so cold as to be shivering, rather than embarrassed, by an unscheduled swim from an over-enthusiastic freestyle maneuver...sometimes fishing for the elusive rain-bows, or silver (landlocked) salmon that are sooooo good smoked in the grill, sometimes just enjoying being amid all this beauty.

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We have made some wonderful friends here, have played lots of music (I have been learning to play the autoharp, Allen is beginning also) been encouraged, refreshed, made some progress in some endeavors, more in others. enough in all of them to feel rewarded, but tomorrow it is time to turn the canoe, et al, around and head southeast, away from this place for another year.

Bonaparte is almost like Brigadoon, it seems like it is left over from the 50's. The moose antlers are still over the "resort/restaurant/store/lodge" entrance, the bear, cougar, and bobcat skins still adorn the lodge walls...the food is still good home cooking, the beer cold and the fellowship, warm. Thank heavens unlike Brigadoon, we need not wait 7 more years before we return. Retirement is GREAT! I don't know how long we can keep this up, but it is great while it lasts!

P.S. The next morning: It was in the upper 20's this morning about daybreak. The mist off the lake reduced visibility to about 30 feet from shore. Everything was glassy calm. Fall has arrived at Bonaparte...time for us to go.

Betty & Allen Scott

From the Prez.... By Bryan Jackson

I would like to thank everyone who worked so very hard to put on TRC XI. I would especially like to thank John Pullman and the boat building team for the outstanding job done on the raffle boat. They really set the standard for what we can do when we all work together. Tom is away and numbers are still needing to be crunched, but we may have broken a record for the amount of money taken in between the race, race raffle and the two boats. More on that next time. Boat project #2 will be starting soon with a drawing at the Christmas Party scheduled. If you would like to help, let me know. I also wish to thank everyone who helped out with the three triathlons that we provided safety boats for. Everyone did a top notch job there too. Now that all the summer work is done, lets get back to paddling. The Illinois is coming up this weekend and more fall trips follow. Hopefully mother nature will cooperate and provide some much needed rainfall. Trips to the Upper Guad, and the Upper Mtn. Fork ale also scheduled as well as a Swiftwater Rescue class, two Thanksgiving trips, and Caddoween. Looks like we will be having a very busy end to a great year. See you all at the meeting on Thursday evening.



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ADAPTIVE PADDLING EXPERIENCES - GOOD OLE SOUTHERN HOSPITALITY, TWICE! (Part One)

All of us paddlers, paddle for very specific and sometimes personal reasons. For some of us, we enjoy the sport itself, the feel of propelling a canoe or kayak across the water under our own power. We enjoy the beauty, quiet, serenity, and peacefulness of being away from parking lots, traffic, buildings, phones and computers. We savor the outdoors, the experience from the waters eye, and the beauty of our world. Can you imagine not ever being able to experience this? Or, to have experienced it and then not being able to experience it again?

Welcome to the world of adaptive sports, specifically adaptively paddling. The Red River Division of the ACA, was hosted by KayakPower.com and Texas State University to hold not just one, but two adaptive paddling events this spring in Texas. A clinic of this sort has not been held in Texas for the last 20 years.

The whole idea behind adaptive paddling workshops teaches paddle enthusiasts and instructors how to compensate for a paddlers loss of function due to disability. The clinic focuses on adaptation techniques for equipment and instruction, how to focus on the paddlers ability and facility and program accessibility in both classroom and on the water learning.

The focus of the workshop is on people’s ABILITY, rather than their disability. We learn to make our equipment, teaching technique and personal values work with them, people with disabilities, not vice versa.



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The first Adaptive Paddling clinic I attended I had expectations of learning some new teaching techniques and of expanding my instruction business. And I did, but I got so much more. The experience caused change in my heart and in my spirit. At that first clinic, wheelchair athletes, racers, basketball players, rugby players, those already adept at physical activity and mentally accepting of their disability surrounded me. I was able to speak candidly with them about their experiences and my own fears of losing function. I was inspired by them all, my world was expanded, and my life was made better.

All three clinics had students with varying ranges of disabilities. One student, a world-class water ski jumper, suffered a traumatic brain injury, which left her without use of her legs, minimal use of her hands and left neglect. Left neglect can be simply stated as the inability to feel or acknowledge the left side of your body unless you can physically see it. For example, if your left hand were to go behind the range of your peripheral vision, you could forget that you had that hand, even if it was sitting on a hot stove. Your only sensation is that of your vision – if you could actually see that part of your body. We had multiple students classified as incomplete quadriplegics, no use of their legs and partial use of their trunk and hands, depending on how high or low on the back vertebrae the injury occurred. One student suffered an amputation above the knee; a couple had spina bifida at birth, which left them with no use of their legs but a lot of function in the trunk and hands. Our most impressive student had cerebral palsy, leaving him with some support function (can stand and pivot with support) but little coordination due to minimal muscle control.

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November 16—
Meeting

DDRC Officers & Committees

Monthly

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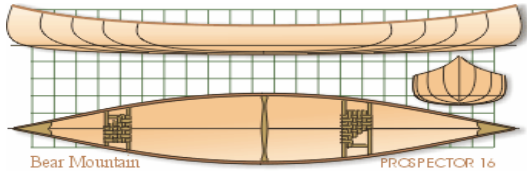
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Attention all DDRC Members:

As we roll into spring various local groups, paddling clubs and the TRPA will be hosting cleanups on rivers around the state.

1) Any DDRC member that participates in any two TRPA river cleanups will receive a FREE DDRC T- SHIRT *and* 25 miles credit towards the 2006 most miles paddled award (for each cleanup). 2 cleanups = 50 miles, the more you clean the more you earn.

2) Any DDRC member that participates in any two TRPA river cleanups and one of either Watermelon Cleanups in preparation for TRC XI, races for free in TRC XI.

What a deal, what a concept ! Clean rivers, be a friend to the environment, get free stuff! Cleanups will be posted in the newsletter, on the website and email reminders.

~Bryan Jackson, DDRC President

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DALLAS DOWNRIVER CLUB

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*The Official Newsletter of the Dallas
Downriver Club*

Next DDRC Meeting
Thursday 7:00 PM
September 21, 2006

On the Border
3130 Knox St.
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**DDRC Meetings are the 3rd
Thursday of every month.**

**This will be the site of our meet-
ings until further notice.**

