

Newsletter of the Dallas Downriver Club—Visit our website at www.down-river.org

April 2004

FINE PRINT - The DDRC Current News is published monthly by the Dallas Downriver Club and is provided to its members either by First Class postage or by email. Opinions expressed herein are those of the individual authors and may or may not reflect the opinion of the club or its officers.

DEADLINE FOR SUBMISSION of articles, announcements, events, trips, etc. is the 1st Thursday of the month. It is on a come first served basis therefore sooner is better.

DDRC BOARD MEETINGS are held every second Tuesday of the month - 6:30 PM @ Enchilada's (directions on back of newsletter). All members are welcome to attend to learn more about club business.

DDRC Welcomes New Members

Karl LaPorte Joe Harris Merle Weiss

ANNOUNCEMENTS

Volunteers Needed Contact Dave Holl for volunteer opportunites. See Page 2 for more details.

- April 24 & 25 volunteers needed for Lake Grapevine to introduce kids to paddling.
- May 1 & 2 is Mayfest, with Grand Opening of Trinity River Park. Texas Parks & Wildlife needs volunteers.

April Urban Paddle Undecided Check the DDRC calendar for updates regarding date and time of an April Urban Paddle. The current posted date is Sat., April 24 (same weekend as the Guad trip). We'll discuss it at next week's meeting.

May DDRC Meeting at White Rock Lake Annual May outdoors meeting to be heldThursday, May 20, at White Rock Lake and NOT Enchilada's. Map on page 7. Bring your boats and a picnic supper. The June meeting will return to the Enchilada's location on NW Highway.

Upcoming Events

April 17 (Sat.): Austin Paddle Fest at Festival Gardens on Town Lake in Austin.

April 17 (Sat.): Mariner Sales Kayak Swap Day (972-241-1498 www.mariner-sails.com/kayak_swap_meet.htm) April 18 (Sun.): Hidalgo Falls River Festival - On the TRPA Hidalgo Falls property on the Brazos River near Navasota. Events begin 10:00 a.m. with a 6.5-mile downriver race, then Slalom race at 1:30 p.m., whitewater rodeo at 3:00 and awards ceremony at 5:30 p.m.

April 24 (Sat.): Elm Fork Nature Fest, Carrollton, II a.m.—3 p.m., Elm Fork Nature Preserve (972-466-9813)

April 23-25 (Fri.-Sun.): Upper Guadalupe River

Paddling Upper Guadalupe between FM 3351 and US 281 near Spring Branch, TX on Sat. and Sun., returning to Mexican food potluck Sat. night. **Camping is at Weidner's Ranch** since Guadalupe River State Park is FULL! Contact Bryan Jackson at 972-979-2519 or email Hollowcreek@paddlinpals.com for directions.

April 24-25 (Sat.-Sun): Outdoor Kids Adventure Day, Grapevine (see page 2 for more info.)

April 24 (Sat.): Urban Paddle — Date/Time to be determined

Short paddle and potluck lunch at local various paddle spots close to home.

April 29 - May 2 (Thur. - Sun): Mayfest, Fort Worth, Grand Opening Trinity River Park

Recurring: May 5—Sept.: Summer Roll Sessions (Every Wed. after 5pm)

Roll, paddle and rescue practice at Rockledge Park on Lake Grapevine. Contact Keith Smith 940-566-4869 or email Keith_ccw@hotmail.com for more information.

May 21-23 (Fri.-Sun.): Illinois River near Tahlequah, OK

Camping at Peyton's Place Fri./Sat nights and paddling Saturday with a shorter trip Sun. morning. Potluck supper Sat. night—bring favorite dish and your appetite. For more information contact Bonnie Haskins (972) 254-9672 or Bryan Jackson (972) 972-2519 or email Hollowcreek@paddlinpals.com

May 22 (Sat.): 2004 Texas Kayak Builders' Bash, I I a.m. - 4 p.m. at White Rock Lake, 'Big Thicket' area, on East Lawther Drive in East Dallas, on the NE side of the lake, between the two sailing clubs. Amateur builders of canoes and kayaks will display their crafts. For more info., see http://www.texaspaddler.com/

May 29-31 (Sat.-Mon.) Sabine River Memorial Day Trip

May 29 (Sat.): Urban Paddle

Event Volunteer Details from Dave Holl

Outdoor Kids Adventure Days

I am looking for volunteers to assist with the Outdoor Kids Adventure Days, sponsored by Texas Parks and wildlife, Grapevine, Colleyville, Southlake and Keller. This event will be held at Meadowmere Park, N. Kimball Dr., Grapevine Texas April 24 and 25, 2004. This is a free event to introduce kids to outdoor sports. the sport stations will include: kayaking, fishing, rock climbing, archery, camping and much more. My school Kayak Instruction, Inc. will be managing and line up volunteers for the kayak station. We already have a number of volunteers from the Dallas Downriver Club, the North Texas River Runners, Mountain Sports, Galyans, Sun and Ski Sports, my instructors, the Boy Scouts and several of my past students. We still need more volunteers. Please take this opportunity to volunteer and help 550 kids along with their 550 parents, meet the outdoors with this high quality program. Contact Dave Holl at 972 412 7691 or dave@kayakinstruct.com

Mayfest

Steve Isenburg and I are coordinating the kayaking and many of the water activities at this years Mayfest. Ben Kvanli is also working with us and participating with the development of our plans. The water activities may include a much broader range than which we are accustomed. For instance rowing, radio controlled boats and other motorized craft. As we finalize the plans it would be great to have a list of waiting volunteers who can help.

Colorado 100 — Registration Now Open to First 200 Boats

Race Date is Saturday, September 4, 2004

(copy compliments of www.coloradoriver100.com)

Texas' only 100 Mile Marathon Canoe Race and Adventure Challenge, down the scenic Colorado River will test your mental and physical strength, while giving you some of the best views the river has to offer. The Colorado River 100 starts in the historic city of Bastrop and finishes 100 miles down river in the majestic town of Columbus. This portion of the river has been described as free-flowing and virtually hazard -free. It is an excellent river choice for the recreational paddler, while still challenging the experienced racer and his abilities to read the river for the cleanest lines.

While the course may not be technically difficult, the nature of this race should not be taken lightly. This is an extreme endurance event with cut off times. Paddlers will have to endure Texas heat, night travel, fatigue, river critters and the elements in order to complete this challenge within 36 hours. Upon completion of the Colorado River 100, paddlers will have the satisfaction of knowing they have completed one of the most difficult endurance events Texas has to offer. Thanks to our generous sponsors, all paddlers will receive mementos of this challenge and be eligible for gift drawings. The more competitive paddlers will have the opportunity to race against the best in their class for cash awards, while the overall fastest record setting time will receive a special bonus cash award.

Newsletter EMAIL Issues

Please keep us posted of any changes in your email address. If you'd like to get the newsletter electronically, or haven't been getting it and you're wondering why, we might not have your correct email. Send the editor your email address at cathy nelle@hotmail.com

As a participant in any DDRC activity, an individual assumes the responsibility of evaluating all inherent risks before participating and assumes any risk of death or injury inherent in the sport. The participant waives claims that may arise against the club, its officers, members, servants, agents and/or trip coordinators, for death or injury to person or property, including claims of vicarious liability and claims arising from civil recklessness or any degree of negligence. Not waived are claims against an individual who causes injury intentionally or with criminal recklessness and claims among driver, owner and passengers of a motor vehicle for injuries.

March Meeting Minutes by Marilyn Scholl

- There will be a Dutch Oven Cook Off on the 18 of July At Ray & Mary Foleys' house. Details will be available closer to that date.
- April 24 & 25 David Holl needs volunteers for Lake Grapevine to introduce kids to paddling.
- May 1 & 2 is May Fest, the Trinity River Park is to have its Grand Opening, Texas Parks & Wildlife needs volunteers.
- April 18 Hildago Falls festivities
- Every Wednesday evening at 5 pm, roll classes at Rockledge Park at Grapevine Lake. Contact Keith Smith.
- Donations were voted to be made equally between three groups.
- Sally Soldo will hold a contest at the May DDRC meeting at White Rock Lake to see who can wrap the best ankle bandage. See Sally for a copy of the procedure if you didn't get one at the February meeting.
- Mary Beth talked about the Red River Racing Team, and reasons to

Rowlett Creek Urban Paddle by Phil Lang

The March Urban Paddle and Potluck Adventure found us at a new venue. Miller Road crosses Rowlett Creek just north of where it empties into Lake Ray Hubbard. This is where we put in. The weather started out a little drizzly, but soon the skies cleared and the gangstarted showing up. The put-in is a little tricky at this site, but with the help of all we got rolling about 10:35. Not too bad for 21 boats. Many of the "regulars" were there. We had several new folks join us and had a special appearance by life-member and former club president Helen Livingston. The paddle was easy upstream with a fairly windy return. Everyone made it back and out of the steep banks. Lunch was great as always. We had two grills going with every imaginable side dish and appetizer you could imagine (except the usual fruit from Sam). The sky started to cloud over just as we were winding down for the day.

There are out-of-town paddling events going on every weekend in April and it is yet undecided whether there will be an April Urban Paddle with a guest host or we'll skip April and see you all in May. Please watch the Web site for current information on this event.

For the Love of the Lake: White Rock Lake Shoreline Spruce Ups are now every Saturday. Second Saturdays are still the biggies, but you can come by 381 Casa Linda Plaza every Saturday from 8 a.m.-Noon for supplies (www.whiterocklake.org / 972-622-SAVE).

Kiamichi Trip Report by Bryan Jackson

Here we go again I thought, another trip planned and bad weather in the forecast, just wonderful. As luck would have it the forecast was wrong and our weekend trip to the Kiamichi River turned out to be a beauty.

Roy Pipkin, John Pullman, David Belcher, Marc McCord and I decided to get a jump on the weekend and set out early Friday. We met up at K River in the early afternoon. We found John mowing the campground with Tom's (KRiver owner) tractor. We set up camp and had Tom's grandson Charlie drop us off about 8 miles up river for an afternoon paddle.

The river was a little low, which made picking our way through some of the rocky areas a little tough, but everyone was quite taken by the spring colors and the quiet. It took us about 3 hours to cover the 8 mile run.

By the time we returned to camp, folks were beginning to roll in. All told we had 16 DDRC paddlers as well as another group of 6 who were friends of Doug Bryans who had come to paddle too. With a group that size, I figured the upper section of the river was not going to be much fun given the low level. I spoke to Tom and he recommended we do the section from the campground down to the US 271 bridge in Antlers. The stretch is 12 miles and we expected it to be a little flatter than the upper section but with a more acceptable water level. As far as the flatter part goes, the lower section actually had more drop, some really fun small rapids and very few flat spots. At a higher water level, this section promises to be more fun than the upper as far as rapids go, but at 200cfs it was still a challenging paddle in places.

We had 15 or 16 boats in the water on Saturday morning when we set out. As the day passed we were strung out over a mile of river, as people were busier taking in the beautiful day than paddling. We had lunch on a gravel bar and eventually everyone caught up. There were some sections of the river that reminded me of the Illinois River at low levels with small channels of swift water. Some of them required some maneuvering as the current would have run you right through the occasional strainer or in one case right under a low hanging limb. Other sections were like the upper river with small rapids and rock gardens. It made for a very interesting day. The greatest single feature of the Kimaichi is the fact that there is very little development on the river, making you feel like you are all alone out there (well, except for the 15 other boats). If you had an urge to shop, there was even a riverside yard sale featuring mostly wheelchairs going on down near Antlers. This became the topic of some interesting campfire conversation after dinner. We covered the 12 miles in about 5 hours.

By the time we got back it was dinnertime. Another fabulous spread was laid out featuring stuffed pork loin roast, baked sweet potatoes, salad, jambalaya, baked beans, broccoli and cauliflower casserole, Sweet potato casserole, peach cobbler, cherry pie and all kind of dips and munchies. No one went to be hungry. After dinner we sat around the campfire talking, mostly about where the people at the riverside yard sale got all those wheelchairs. We decided it was part of some interstate wheelchair-hijacking ring and we had best just stay out of it.

Sunday morning some people packed up and headed home, but a few of us decided that another few miles on the river were in order. Tom dropped us off upriver and we did a short paddle (6 or 7 miles) back to the campground. All told those of us who paddled the three days logged about 26 river miles, not to shabby for such a low river level. Thanks again to everyone who made the weekend so great.

MARCH TREASURER'S REPORT

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\$60.00		
\$71.00		
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For advertisers wishing to have their ads appear on the Down-River website, please send your .jpg or .gif artwork to Bryan Jackson at bryan.jackson@paddlinpals.com. For questions, call 972-564-2318.

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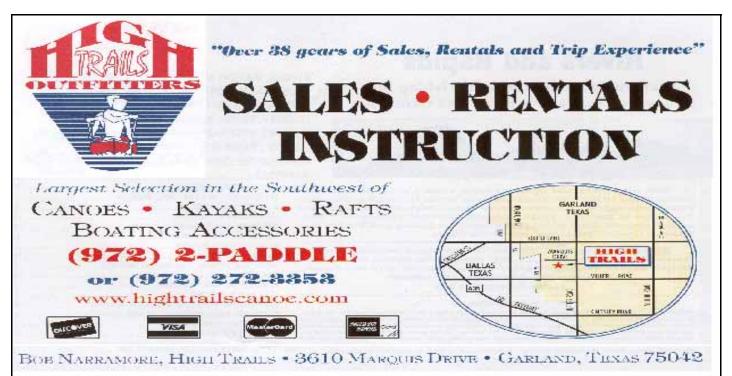
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Paddler Needed for Mississippi

I am looking for someone to accompany me down the Mississippi River this summer. We will travel by canoe, starting at Lake Itaska, Minnesota and end at the mile Zero marker in the Gulf of Mexico.

Allow 75 - 100 days. I want to take time to look around and stop at places of interest. Anyone interested, contact me via e-mail (hweiss02@comcast.net)or call me at 972-422-7000.

Henry Weiss, Plano, TX

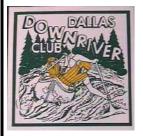
Invitation Up Yonder

I invite you to come to our Adirondack Experience Paddlefest & Trialthon Saturday July 31, 2004 and Sunday, August 1, 2004 at Port Leyden, New York. There will be canoe and kayaking competitions, cross-country races and mountain bike competitions. The event will benefit St. Peters Catholic School in Lowville, New York. For more information go here: http://www.stpetersschool.org/Paddle% 20fest.htm.

Jim and Tammy Lavalley

EXCLUSIVE!! DDRC Decals and Patches

Only \$1 each, 2 for \$2, 5 for \$5 What a deal! (get them at the DDRC meetings)



Put 'em on your canoe/ kayak, life jackets, swim suits, paddles, packs, and tents. That way folks will know who you are when you wipe-out in that Class V.



MARILYN A. SCHOLL

MASSAGE THERAPY

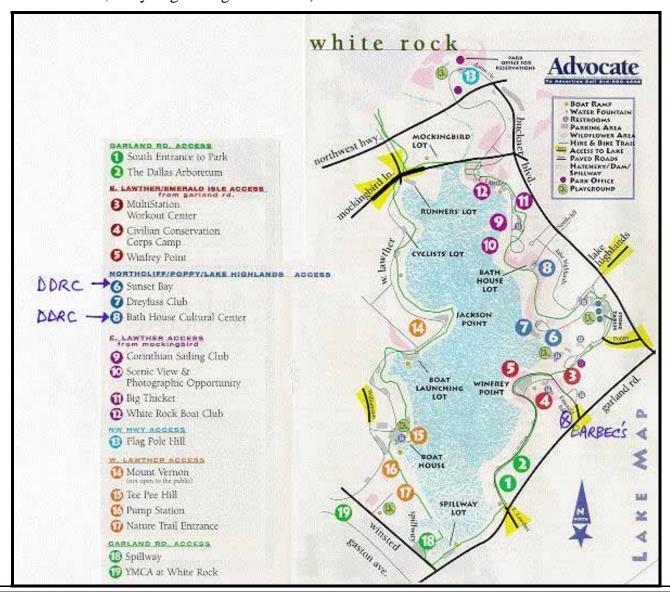
BY APPOINTMENT HOME: 972 370 5844 CELL: 214 208 3528

Gift Certificates Available.

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DDRC May Meeting At White Rock Lake

Once a year we take out meeting outdoors. At 7:00pm we will have our meeting under the shade trees next to the Bath House Cultural Center at White Rock Lake. Bring your boat and paddle before or after (or during) the meeting. Grills are allowed if you would like to cook out, alcoholic beverages are not. Although we do not recommend it, you could even cook in your boat. The Bath House is number 8 on the map below (map more readable thru DDRC website calendar link, but you get the general idea.)



Interested in a Colorado River Guide Book?

Send \$5.00 to: Lower Colorado River Authority Community Services

P.O. Box 220, Austin ,Texas 78767-0220

Phone toll free 1-800-776-5272 for information.

Thanks for the info Sam!

In the News

The Dallas Down-River Club Bulletin Board was selected as one of the Web's best paddling forums by Paddler Magazine and the following review ran in a recent issue:

"In addition to the DDRC's own message board this site includes links to other Texas paddling boards, forums for boat and gear reviews, trip reports and events. A sprawling and comprehensive site, but then everything's bigger in Texas."

MANY THANKS TO THE WEB CREW!

There is a singing Diva in our boat and we didn't even know it! Our very own Sally Soldo was featured in a March 13th <u>Dallas Morning News</u> Article, titled "Divas out in force — Singing powerhouses take an enjoyable stroll down Broadway."

Here's what they had to say about her recent performance when Lyric Stage opened it's annual Dallas Divas! Concert: "Three knockout performances spangled the first half. As has become the norm at these affairs, Sally Soldo led the pack. Everybody knows she sings like a soulful goddess — that's what 'diva' means, afterall. (She later proved it once again in 'Just One Look' from *Sunset Boulevard*.) You might not have realized, though, that she can be as hilarious as she was in 'Adelaides' Lament' from *Guys and Dolls*. She used every consonant and New Jersey diphthong to make a witty point."

WAY TO GO SALLY — YOU SOULFUL GODDESS!

Camping First Aid Kit Contents

(from Sally Soldo Handout)

- Your family members' personal medications, if any
- Aspirin or similar headache remedy
- A non-prescription diarrhea remedy
- Antacid tablets or liquid
- Antihistamine
- Rubbing alcohol
- Adhesive bandages in assorted sizes
- 3 x 3-inch gauze pads
- Butterfly strips for pulling sides of cuts together
- A 2-inch roll of adhesive tape
- Gauze roller bandages in assorted sizes
- Triangular bandage
- Roll of elastic bandage
- Package of cotton-tipped swabs
- Scissors
- Tweezers
- Safety pins
- Needle
- Disposable Razor
- Single-edge razor blades (not for use in the disposable razor)
- Oral fever thermometer
- Snakebite kit if going into poisonous snake country
- Small bar of soap
- Sunscreen ointment (not just suntan oil)
- Lip salve
- Poisonous plant lotion (calamine)
- Foot powder
- Absorbent cotton
- Water purification tablets for drinking water
- Instant ice packs
- Paper cups
- Small flashlight with extra batteries and bulbs
- A first aid book

HAVE A SAFE SPRING & SUMMER ***

PLEASE WATCH YOUR CHILDREN AROUND WATER

Sprains and Fractures

(from Sally Soldo Handout)

Is it just a sprain, or is it a fracture? Only a doctor can tell for sure. Swelling can start immediately. If in doubt, treat it as if it's a fracture.

First, let the patient lie down right where they are with as little motion as possible. Make them comfortable with something under and over them. Call for an emergency vehicle. Treat for shock.

Sprains

If you are sure that it's a sprain and not a fracture, elevate the sprained area. Put cold, wet cloths on to ease the pain, and help reduce swelling.

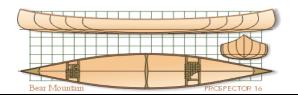
Most common sprains in camp are of ankles. If this happens don't take off the shoe. Tie an ankle bandage around the ankle and shoe. See a doctor. It could still be a fracture and failure to treat properly could cause permanent lameness.

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Racing Coordinator:

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TRC Chairman: Bryan Jackson 972-564-2318

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DALLAS DOWNRIVER CLUB

P.O. Box 820246 Dallas, Texas 75382

> The Official Newsletter of the Dallas Downriver Club

Postage

DDRC
April 2004 Meeting

Thursday 7:00 PM
April 15, 2004
Enchilada's Restaurant
6526 E. Northwest Hwy.

